Routefinders for Friends
Passionate for Healthy Society

202-697-0777
c/o THRIVE-DC, 1525 Newton St. NW, Washington DC

🐦 **@RoutefindersFF   @MarsBaseB**

www.ROUTEFINDERS.org

Date: April 19, 2019

To: General Colin Powell (US Army, retired)

Re: I came to DC in 2001 to serve after attack on 9-11. Please help me incorporate Routefinders.

Dear General Powell,

I'm an improved version of the man I was when I came to DC in October 2001 to support an integrative medicine clinic. I wrote you earlier about the Wisdom Day series that I started after the Columbine shootings. That year brought stark reminders of the PTSD "loops" of memories that can be stored deep in the body and not managed by the mind. Neuroscience and psychotherapy practitioners are understanding more about bullies, trauma victims and more. Myself, I am still recovering full nerve feeling in surgical scars from flashback events last year but I am hopeful that I can someday be free of pain. I am quick to say that I am much better off than many of veterans I have met in the past 20 years.

Sir, can you arrange for a walk-through of this house and property? I will attach some photos. This is a lovely location on top of a rolling hill. The owner was never in uniform and he does not trust the VA to soon pay me the compensation that several VA doctors said would be allotted to me. I want to start paying him $850 a month from my $1,100. That would give me a safe place to live for the next years. I may have money soon. **The records repository sent a letter a few days ago saying that my service records are finally being released.** I hope that Craig Bash, M.D., USAF Academy '79, will write a winning Nexus letter for compensation and pension.

I want to manage this property because I can't own it due to my student loan debt. I have cleaned up the property and fixed risky items. **With an outside observer that you might find**, we could document that the house is worthy of purchase and upgrade into two units. With a raised roof (neighbors have done this) we could add an upper story that could house disabled people and a caregiver in 3 to 4 rooms. This would bring in more rent.

I'm licensed to do counseling and psychotherapy (scopes of practice vary in my states: DC, HI and WA). My main approach is to listen in the Coherence Therapy way (Coherence Psychology Institute). The client unlocks their own inner archive and their insights help change how they see their situation. The entire field of counseling and psychotherapy has changed since the year 2000 with the book, Unlocking the Emotional Brain, as well as with the Nobel Prize in Medicine/Physiology 2014. These landmarks can be taught to new Routefinders affiliates when we begin expanding after incorporation as nonprofit: Routefinders for Friends Institute.

Sir, I apologize for having such fervent hope that I can bring Routefinders to life and make it valuable nationwide. These past ten years have been a blessing because I am daily remembering/thinking about the gift of life and the fact that I have always been part of something important for humanity and for our nation. The Episcopal church has been a place of fellowship and encouragement. Jesus gave us the example and this week marks the wisdom of spiritual life. It is more than can be captured in words. I wish you an abundant response to your ministries.
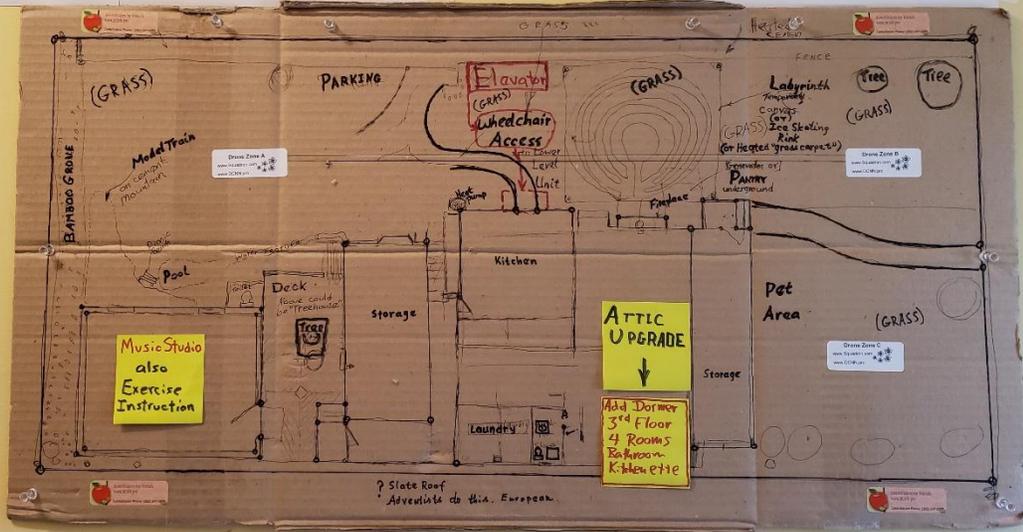
Respectfully,

Ralph Wilson, N.D., USAF Academy Class of 1969

To: General Colin Powell
Routefinders now ready.
See @Routefindersff
Ready for Incorporation, nonprofit. Planning to ask benefactors to join Board of Directors. Need funding.

Routefinders for Friends
Sites: Twitter @MarsBaseB
        @Routefindersff
www.DCNN.pro
www.Routefinders.org
www.NaturalWorldHealing.pro

House and Grounds: Owner asks $400,000. I'm making it worth $800,000. To house... either,
A) 3 disabled Veterans, or
B) 2 Sanctuary families
Safe. Clean. Infant-friendly. Pet-friendly. No smoking.

Bruce Ecker, Robin Ticic, & Laurel Hulley

Unlocking the Emotional Brain

Eliminating Symptoms at Their Roots Using Memory Reconsolidation