

Notice of Privacy Practices

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This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

I am required by law to provide you with this notice that explains our privacy practices with regard to your medical information and how I may use and disclose your protected health information for treatment, payment, and for health care operations, as well as for other purposes that are permitted or required by law.

You have certain rights regarding the privacy of your protected health information and I also describe those rights in this notice.

Uses or Disclosures Not Covered

Uses or disclosures of your health information not covered by this notice or the laws that apply to us may only be made with your written authorization. You may revoke such authorization in writing at any time and I will no longer disclose health information about you for the reasons stated in your written authorization. Disclosures made in reliance on the authorization prior to the revocation are not affected by the revocation.

Ways in Which I May Use and Disclose Your Protected Health Information:

The following paragraphs describe different ways that I use and disclose your protected health information. I have provided an example for each category, but these examples are not meant to be exhaustive. All of the ways I am permitted to use and disclose your health information fall within one of these categories.

Treatment. I may use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. I may also disclose your health information to other health care providers who may be treating you. Additionally I may from time to time disclose your health information to another physician whom I have requested to be involved in your care. For example – I would disclose your health information to a specialist to whom I have referred you for a diagnosis to help in your treatment.

Payment. I may use and disclose your protected health information to obtain payment for the health care services I provide you. For example — I may include information with a bill to a third-party payer that identifies you, your diagnosis, procedures performed, and supplies used in rendering the service.

Health Care Operations. I may use and disclose your protected health information to support the business activities of our practice. For example – I may use medical information about you to review and evaluate our treatment and services or to evaluate our staff’s performance while caring for you. In addition, I may disclose your health information to third party business associates who perform billing, consulting, or transcription, or other services for our practice.

Other Ways I May Use and Disclose Your Protected Health Information:

Appointment Reminders. I may use and disclose your protected health information to contact you as a reminder about scheduled appointments or treatment.

Treatment Alternatives. I may use and disclose your protected health information to tell you about or recommend possible alternative treatments or options that may be of interest to you.

Others Involved in Your Care. I may use and disclose your protected health information to a family member, a relative, a close friend, or any other person you identify that is involved in your medical care or payment for care.

As Required by Law. I may use and disclose your protected health information when required to by federal, state, or local law.

To Avert a Serious Threat to Public Health or Safety. I may use and disclose your protected health information to public health authorities permitted to collect or receive the information for the purpose of controlling disease, injury, or disability. If directed by that health authority, I may also disclose your health information to a foreign government agency that is collaborating with the public health authority.

Worker’s Compensation. I may use and disclose your protected health information for worker’s compensation or similar programs that provide benefits for work-related injuries or illness.

Inmates. I may use and disclose your protected health information to a correctional institution or law enforcement official if you are an inmate of that correctional institution or under the custody of the law enforcement official. This information would be necessary for the institution to provide you with health care; to protect the health and safety of others; or for the safety and security of the correctional institution.

Your Health Information Rights

Although your health record is the physical property of the practitioner or facility that compiled it, the information belongs to you. You have the right to:

Inspect and Copy. You have the right to inspect and copy the protected health information that I maintain about you in our designated record set for as long as I maintain that information. This designated record set includes your medical and billing records, as well as any other records I use for making decisions about you.

Any psychotherapy notes that may have been included in records I received about you are not available for your inspection or copying, by law. I may charge you a fee for the costs of copying, mailing, or other supplies used in fulfilling your request.

If you wish to inspect or copy your medical information, you must submit your request in writing:

Dr. Ralph Wilson; 5101 Wisconsin Ave NW Suite 100, Washington DC 20016

Phone: 202-320-8665. You may mail your request, or bring it to our office. I will have 30 days to respond to your request for information that I maintain at our practice site. If the information is stored off-site, I am allowed up to 60 days to respond but must inform you of this delay.

Request Amendment. You have the right to request that I amend your medical information if you feel that it is incomplete or inaccurate. You must make this request in writing to our practice manager, stating exactly what information is incomplete or inaccurate and the reasoning that supports your request.

I am permitted to deny your request if it is not in writing or does not include a reason to support the request. I may also deny your request if:

- The information was not created by me, or the person who created it is no longer available to make the amendment.
- The information is not part of the record which you are permitted to inspect and copy.
- The information is not part of the designated record set kept by this practice or if it is the opinion of the opinion of the health care provider that the information is accurate and complete.

Request Restrictions. You have the right to request a restriction of how I use or disclose your medical information for treatment, payment, or health care operations. For example – you could request that I not disclose information about a prior treatment to a family member or friend who may be involved in your care or payment for care. Your request must be made in writing. I am not required to agree to your request if I feel it is in your best interest to use or disclose that information. If I do agree, I will comply with your request except for emergency treatment.

An Accounting of Disclosures. You have the right to request a list of the disclosures of your health information I have made outside of our practice that are not for treatment, payment, or health care operations. Your request must be in writing and must state the time period for the requested information.

You may not request information for any dates prior to January 1, 2011, nor for a period of time greater than six years (our legal obligation to retain information).

Your first request for a list of disclosures within a 12-month period will be free. If you request an additional list within 12-months of the first request, I may charge you a fee for the costs of providing the subsequent list.

I will notify you of such costs and afford you the opportunity to withdraw your request before any costs are incurred.

Request Confidential Communications. You have the right to request how I communicate with you to preserve your privacy. For example – you may request that I call you only at your work number, or by mail at a special address or postal box. Your request must be made in writing and must specify how or where I am to contact you. I will accommodate all reasonable requests.

File a Complaint. If you believe I have violated your medical information privacy rights, you have the right to file a complaint with our practice or directly to the District of Columbia Division of Consumer Affairs.

To file a complaint with Ralph W. Wilson, N.D., you must make it in writing within 180 days of the suspected violation. Provide as much detail as you can about the suspected violation.

For More Information

If you have questions or would like additional information, you may contact Dr. Wilson.

Effective Date: January 1, 2011.